

Circular No 84/2021-22

22<sup>nd</sup> September 2021

POSHAN Abhiyan (National Nutrition Mission) was launched by the Hon'ble Prime Minister on 8th March, 2018. The Programme strives to reduce the level of stunting, under – nutrition, low birth weight in children and anemia in adolescent girls, pregnant women, lactating mothers as well as children. This is an ongoing programme.

Rashtriya Poshan Maah is being celebrated during the month of September 2021 to further accelerate various activities under POSHAN Abhiyan and to create a Jan Aandolan in the Process by adhering to COVID – 19.

1. As a part of this mission AVN Vida will be conducting a virtual assembly to discuss about malnutrition, its impact on society and value of healthy and balanced diet.

Date/Day	Grade	Timing	Meeting ID	Passcode
29 <sup>th</sup> September 2021 Wednesday	VI-X	8.00am	3875889609	avnvida
30 <sup>th</sup> September 2021 Thursday	II	8.00am	3875889609	avnvida

2. We will also be conducting a **Workshop for Parent (for Grade VI- X Parent)** via online mode regarding nutrition and its relationship to physical and mental health and well-being. Mrs. Divya- Science facilitator will be hosting the event on Wednesday, 29<sup>th</sup> September 2021 @ 4.00pm. Meeting Id: **3875889609**, Passcode: **avnvida**.
3. Encourage your ward to participate in E – quiz focusing on malnutrition, nutrition awareness to be organized by Govt. of India through Mygov Portal. The link is given here for your reference:  
<https://quiz.mygov.in/quiz/poshan-2-0-quiz/>
4. Encourage your ward to attend programmes on POSHAN Abhiyan during POSHAN MAAH telecast by SWAYAMPRAKASH Channels of Ministry of Education- <https://www.swayamprabha.gov.in/>  
Let us join hands to celebrate the true Spirit of Rashtriya POSHAN Maah along with our children and empower them with the knowledge regarding nutrition.



Principal